



MAYO PPN GUIDE Ukraine Humanitarian Crisis

How you can help:

Aid organisations have asked the public to donate money, rather than supplies, due to logistical difficulties transporting and storing items in the region.

Listed is information for Ukrainian people arriving in Ireland and Charities which are running fundraising appeals.

Ukraine Embassy

If anyone would like to donate medical supplies for Ukrainians, please the Embassy of Ukraine to Ireland at emb.ua.ireland@gmail.com or call 01 6685189 to get the latest list of necessary items and the collection locations.

The Ukraine embassy also suggests contacting their volunteers on 089 4425522 or visit the website www.iamukrainian.ie – this website is coordinating accurate information in one place about aid to Ukraine, and information for Ukrainians arriving in Ireland.

Ireland Supports Ukraine www.irelandhelpukraine.com

Register on this website to offer help Ukraine people arriving in Ireland. You can offer to help with food, clothes, transportation, accommodation, work, translation, refugee documents.

Aid Agencies:

The Irish Red Cross

The charity has received more than 20,000 pledges of accommodation from Irish people to house Ukrainians in spare rooms or vacant homes. Up to 100,000 refugees are expected to arrive in the State in the coming weeks and months. An online “register of pledges” to help accommodate the large number of refugees is being supported by the Department of Children and Equality. <https://registerofpledges.redcross.ie/#/>

Companies can also donate to the Ukraine Crisis Appeal.

<https://www.redcross.ie/latest-appeals/ukraine-crisis-appeal/>



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GOAL is an international humanitarian response agency. As the Ukraine humanitarian crisis unfolds, GOAL deploys emergency response team.

You can donate here <https://www.goalglobal.org/donate/>

UNICEF Ireland donations for Ukraine to provide aid in conflict zones and along the country's borders. [unicef.ie/donate/ukraine/#1](https://www.unicef.ie/donate/ukraine/#1)

Humanitarian needs across the country are multiplying by the hour. Hundreds of thousands of people don't have safe drinking water because of damage to water systems and infrastructures and many have been cut off from access to other essential services like healthcare.

The country is running low on critical medical supplies and has had to halt urgent efforts to curb a polio outbreak.

UNICEF is on the ground, working to reach vulnerable children and families with essential supplies.

Concern Worldwide <https://www.concern.net/donate/ukraine-crisis-appeal>

Several Irish international aid charities are collecting donations for humanitarian aid to Ukraine under an umbrella group, **Irish Emergency Alliance**.

The group includes Trócaire, Action Aid, Christian Aid, Plan International, Self Help Africa, Tearfund and World Vision Ireland.

It is raising funds to provide urgent supplies, shelter and healthcare to people in Ukraine and refugees in Poland, Hungary, Romania and Slovakia, through local partners in those countries. [irishemergencyalliance.org/donate](https://www.irishemergencyalliance.org/donate)

Making phone calls:

To support customers contacting family and friends in Ukraine, An Post Mobile has removed all call and text charges. An Post has also removed any usage charges for any customers in Ukraine.



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Find your local An Post (Post Office in Mayo) <https://www.anpost.com/Store-Locator>

For Ukrainian people arriving in Ireland:

Social Welfare Supports have been made available for people arriving from Ukraine

A temporary protection Directive to allow Ukrainian citizens and others fleeing Ukraine to move through the EU as EU citizens has been put in place.

If you are a Ukrainian citizen or if you are fleeing Ukraine and are covered by the Directive, the Government of Ireland will provide support and services to assist you as you establish yourself in Ireland.

You can find information below on what income supports you can get while you are in Ireland and how to get these supports and services.

The staff of the Department of Social Protection will help and support you during your time here.

Information available in Ukrainian

[Будь ласка, натисніть тут для отримання інформації українською мовою](#)

Full information relating to all the supports available are here, including how to get a PPSN which you will need to access supports and services.

You may have already got your PPSN at the airport, if not you should go to your local office

<https://www.gov.ie/en/directory/category/e1f4b5-intreo-offices/map/?referrer=http%3A%2F%2Fwww.gov.ie%2Fen%2Fservice%2F40cf48-find-your-local-intreo-office%2F>

Healthcare

Ukrainian nationals will be able to get health care services from the HSE including access to GPs, community care and hospital or emergency care. As well as access to services for children's health, mental health, disabilities maternity care, older people and many more.

Ukrainian nationals will be able to get the same health services as people who are already living here, including Irish citizens. Ukrainian nationals arriving in Ireland are able to get up



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information at <https://www2.hse.ie/services/healthcare-in-ireland/ukrainian-refugees.html>

Citizens Information

This page lists organisations that are helping people who have come to Ireland from Ukraine. It includes information on Educations & Childcare Supports, Looking for work, Health, Transport, Opening a bank account, Post, phone and internet services.

https://www.citizensinformation.ie/en/moving_country/ukrainian_refugees_in_ireland/suports_for_ukrainians_in_ireland.html

Mayo County Council Community Response

A Ukrainian Community Response Forum has been established in Mayo to enable the various organisations and agencies at local level, to work together in the delivery of services for Ukrainian refugees relocating to Mayo. The role of the Forum is to coordinate the Mayo Response in the provision of local supports required by refugees, including liaising with local service providers, identifying service gaps and solutions and encouraging collaboration among services providers, in Mayo.

Full details can be found on <https://www.mayo.ie/ukrainiansupports/generalinfo>

Candle of Grace

Castlebar-based charity Candle of Grace is making an urgent appeal for donations as the war continues in Ukraine, a country which borders the Belarusian city of Chernobyl.

They need funds for basics such as food, water, blankets, medical supplies. Please support by clicking on the Donate button on the website www.candleofgrace.ie, sending money by Paypal to candleofgrace@gmail.com or sending a cheque made payable to “Candle of Grace” to Candle of Grace, 32 Summerfield, Castlebar, Co Mayo (this is the registered company address).

Base for collections has changed!

From 22/03/2022 Mick Shaw of Shaw Commercials, Castlebar, has kindly allowed us to use their warehouse for collections. The Eircode for the warehouse is F23 EK58.

This is a live document which will be regularly updated



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